



Creative Art Retreat

3 DAYS – 4 NIGHTS - MONTAGU – KLEIN KAROO



HOSTED BY

Hartspace Art Studio & 360on62 Farm Cottages

The Highlights

- Thursday 18 March 2021 to Monday 22 March 2021
- 4 nights of accommodation at 360on62 Farm Self-Catering Cottages in Montagu – surrounded by mountains and Karoo landscape
- 3 days of creativity taught and guided by Kerry-Lyn Honey, well-known Creative Art Facilitator
- Suitable for all levels – from beginners who are exploring their creativity to advanced artists wanting to extend their knowledge, and themselves
- Receive beautiful hand-made Artist's Journal, stretched canvas, specialised paper, extra oil and acrylic paints and drawing media that may be needed. Easels and drawing boards will be on hand and various tools and equipment will be made available for use
- Some optional fitness thrown in between – bring your mountain bike, running shoes and / or workout gear for some High Intensity Interval Training classes

Art has the ability to elevate and enable us to live our lives deep in meaning, rich in joy, and full of creativity.

Channelling one's creativity in a relaxed, tranquil environment and knowing that beautiful, unique art pieces are being created in the process, is fundamental in coping with our busy, fast-paced lives. Enjoy the freedom to relax; embrace your expressive self; and get to know what ignites your artistic soul and revives your spirit.



What to Expect

A CREATIVE ART RETREAT

Exploring the Karoo environment through Drawing, Oil Painting & Mixed Media techniques

The 3-day artist's retreat includes demonstrations, tuition, individual attention, oil painting, drawing & mixed media techniques, under the tuition of Kerry-Lyn Honey.

The Summer days will begin with journaling and expressive mark-making exercises and techniques, with the Karoo environment providing endless inspiration for which to develop ideas and provide areas of focus for series-based work while also developing a personal artistic voice.

Your gift of a journal is essentially your visual diary, workbook and will be source of reference. It will include your exercises, notes, reference material, ideas, and concepts.

You will also be introduced to Creative Mindfulness, whereby we combine a steady, kind, embodied awareness with naturally mindful creating. Adding mindfulness to the creative process helps us to enjoy the journey rather than focusing on end results, which means we can create more freely and more joyfully.

SOAK UP THE ENERGY OF WHAT THE RETREAT HAS TO OFFER AND YOU WILL ...

- Complete an oil painting and a mixed media artwork, over and above the various smaller works and sketches that we will be doing,
- Learn various drawing & painting skills, methods and techniques,
- Be introduced to new techniques on "Learning how to see, and new ways of Seeing",
- Learn to be in the present – mindfulness practice,
- Gain insight and understanding with regards to creative fundamentals such as composition, tone, line, colour, texture, space, depth and three-dimensional form,
- Be guided in creating unique and aesthetically pleasing works of art,
- Have the opportunity to explore, enhance and develop your creative inner self,
- Have the freedom to express yourself and revive your creative spirit, and
- Have the opportunity to be part of a small group of like-minded people in a supportive, tranquil environment.

High Level Itinerary

Please note that 360on62 Cottages are self-catering and thus participants will be required to supply their own food and beverages – prior to arrival, a Group Whatsapp chat will be formed and Art Retreat participants will be able to arrange sharing of catering should they wish. An honesty bar will be available (subject to COVID-19 regulations).

Thursday 18th March 2021

Arrivals from 14h00

Dinner and Meet & Greet - Pizza Evening

(360on62 will supply home-made dough and various vegetarian toppings)

Friday 19th March and Sat 20th March and Sunday 21st March 2021

OPTIONAL Morning HIIT (High Intensity Interval training) and/or run and/or cycle

09h00 – 12h00 Session 1

12h00 – 13h30 Lunch Break

13h30 – 16h30 Session 2

16h30 onward Own leisure

Monday 22nd March 2021

At own leisure – checkout by 12h00



Detailed Art Itinerary

Friday 19th March 2021

"BREATHE"

Morning Session (3 hours)

Drawing & Acrylic Painting
Drawing Exercises & Canvas
Preparation

"PLAY"

Afternoon Session (2½ - 3 hours)

Mixed Media Methods &
Techniques
Trusting Yourself & Intuitive
Creations

SATURDAY 20th MARCH 2021

"OBSERVE"

Morning Session (3 hours)

Drawing & Oil Painting
Found Objects : Working from Dark
to Light

"MATRIX"

Afternoon Session (2½ - 3 hours)

Mixed Media Printing &
Experimentation
Inspired Landscape : Mixed
Media

SUNDAY 21st MARCH 2021

"CREATE"

Morning Session (3 hours)

Oil Painting continued

"INTUITION"

Afternoon Session (2½ - 3 hours)

Inspired Landscape continued



Who is Kerry-Lyn Honey?

Hartspace Workshops are mindfully designed to both stretch and nurture. Kerry-Lyn Honey facilitates creative art workshops with a deep passion for people and their self-expression. Her vast and varied experience, built on a strong academic foundation, allows for a depth of connection with her clients that serves to enrich beyond the workshop experience.

Kerry-Lyn graduated from Nelson Mandela University with a BTech Degree in Fine Art, with distinction. After graduating, and in between lecturing and teaching, she extended her academic foundation at Rhodes University (Grahamstown), Oxford Printers (United Kingdom) and Edinburgh Printmakers (Scotland); as well as working with well renowned South African artists from David Krut Projects and Gallery (Johannesburg). Kerry-Lyn has been involved in numerous local, national and international projects, workshops, conferences and exhibitions throughout her career.

"I believe that creativity in all its varied forms, is an integral part of human life and that we as living, feeling beings have an innate need to channel our creativity.

I believe that the creative process has the power to awaken, empower, heal and transform, and another aspect to mindful living (and relaxation) is realised, making a balanced life more achievable."

- Kerry-Lyn Honey

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Web: www.hartspace.co.za



Accommodation & Costs

360ON62 MOUNTAIN VIEW COTTAGES

Simplicity, authenticity, elegance and comfort

Closer than you think, surrounded by 360° mountain views, is this sanctuary in the Little Karoo. Choose your favourite view from a selection of five self-catering farm cottages.

All cottages are well equipped with fine linen, crockery and fully equipped kitchenettes with gas cookers and microwaves for indoor cooking and as well as outdoor braai facilities on the stoep. Instead of TVs, we provide panoramic views and glorious birdsong during the day, and star-studded skies serenaded by owls and jackals at night.

PRICE

Please note that accommodation costs will differ depending on the cottage chosen and whether or not you are sharing a cottage. When making enquiries, please:

1. Indicate number of individuals that you would like to book more;
2. Indicate if you would like to book a cottage in totality (if so, please name the cottage) or if you are willing to share a cottage with other participants (which will also reduce accommodation costs);
3. Note that we will give preference to individuals that are willing to share the two-bedroom cottages as otherwise our art facilitator will lose the fees of the extra individuals that would otherwise be accommodated in the second bedroom.



PALE CHANTING COTTAGE

This private, comfortable cottage sleeps 2 in a double bed. The kitchen has huge fireplace and is nicely equipped. The bathroom has a shower and toilet.

An outdoor patio contains a braai (barbecue) and outdoor bathtub to enjoy the peace, quiet and mountain views.

PREFERRED OCCUPANCY: 2

Accommodation Cost: R5 000 for cottage for 4 nights*

Art Retreat Cost: R3 600 per person

(i.e., R7 200 for 2 people)

TOTAL COST (for 2 people): R12 200 (R6 100 each)

** irrespective of occupancy*



BOKMAKIERIE COTTAGE

Sleeps 2 in a double bed and has a Victorian bathtub in the bedroom. A toilet is discreetly hidden behind reed-clad walls. The cottage has a kitchenette and lounge area with an indoor fireplace. There is an outdoor braai and patio with table & 8 chairs on one side, and a comfortable relaxation patio and outdoor shower and toilet on the other.

PREFERRED OCCUPANCY: 2

Accommodation Cost: R5 000 for cottage for 4 nights*

Art Retreat Cost: R3 600 per person

(i.e., R7 200 for 2 people)

TOTAL COST (for 2 people): R12 200 (R6 100 each)

** irrespective of occupancy*



JAMES' HONEYMOON COTTAGE

Comfortable and romantic self-catering cottage that sleeps 2 in a queen bed. The bathroom has a bath-tub and shower with glorious mountain views.

There is kitchenette and an indoor fireplace in the small lounge with a comfortable patio, braai area & wood-

fired hot-tub outdoors.

This cottage stands alone in the other s.

PREFERRED OCCUPANCY: 2

Accommodation Cost: R6 700 for cottage for 4 nights*

Art Retreat Cost: R3 600 per person

(i.e., R7 200 for 2 people)

TOTAL COST (for 2 people): R13 900 (R6 950 each)

** irrespective of occupancy*



NONNETJIE COTTAGE

Sleeps 4 people. The main room has a double bed, Victorian bathtub and a discreet toilet behind reed-clad walls. The second room has twin beds (convertible to a king-sized bed). The cottage has a kitchenette and lounge area with an indoor fireplace. There is an outdoor braai and patio with table & chairs on one side and a comfortable relaxation patio and outdoor shower and toilet on the other.

MAXIMUM OCCUPANCY: 4

Accommodation Cost: R6 400 for cottage for 4 nights*

If 4 people, total = R1600 per person

If 3 people, total = R2133.33 per person

If 2 people, cost = R3200 per person

If 1 person, cost = R6400 per person

Art Retreat Cost: R3 600 per person *

** irrespective of occupancy*



FISH EAGLE COTTAGE

Two bedrooms; one fitted with a double bed and the other with two single beds (which can be converted to a kingsize bed). The delightfully quaint kitchen is fully equipped and the original huge fireplace makes the lounge/dining area very cosy. The indoor bathroom leads off the main bedroom and there is also a full outdoor bathroom equipped with a bath-tub, shower and toilet. The cottage also has a lovely patio, braai, and fire pit.

MAXIMUM OCCUPANCY: 4

Accommodation Cost: R6 400 for cottage for 4 nights*

If 4 people, total = R1600 per person

If 3 people, total = R2133.33 per person

If 2 people, cost = R3200 per person

If 1 person, cost = R6400 per person

Art Retreat Cost: R3 600 per person*

** irrespective of occupancy*



We understand that, owing to the COVID-19 pandemic, regulations may force a postponement of this event. Should a postponement be forced owing to regulations, you will have the right to obtain a full refund should you request one or alternatively attend the postponed event.

Contact: info@360on62.co.za to book or make enquiries

